



TOSCANA

BE SAFE THIS SUMMER!

Rules to follow during Covid-19



Avoid group meetings



Maintain a distance of at least 1 metre between youand other persons not in your immediate household, both on the beach and in the sea



Wear a face mask if an interpersonal distance of at least 1 metre cannot be maintained



Wash your hands frequently, using products provided by the beach club



Sports and games are not allowed if they cause group assemblies



Parents and persons with children are advised to supervise children to maintain safe interpersonal distances and observe hygienic standards, paying particular attention to their age and individual behaviour



Beach sports (e.g. Badminton, beach tennis) and watersports (e.g. Swimming,



Do not use the beach equipment of others (e.g. sunbeds) if it has not been sanitized



Persons with a temperature measuring above 37.5°c are not allowed in the beach club, nor those showing flu symptoms surfing, windsurfing, kitesurfing) can be practised normally, respecting always safe interpersonal distances



For team sports (e.g. Beach volley, beach soccer) it is necessary to follow the guidelines of each individual establishment



